

## Instructions for Cardiac Catheterization

1. Eat a light breakfast (ie: toast or a bowl of cereal).
2. Nothing to eat or drink after breakfast.
3. Do not take any of the following medications, if applicable:
  - a. Metformin
  - b. Meta-glip
  - c. Avandamet
  - d. ActosPlus Metformin
  - e. Glucovance
  - f. Janumet
  - g. Prandimet
4. If you have diabetes and are on insulin, take only your morning dose of insulin the morning of catheterization.
5. Notify our office prior to procedure if you are taking Coumadin (warfarin).
6. Notify our office prior to procedure if you are allergic to contrast dye.
7. **MUST HAVE A DRIVER TO DRIVE YOU HOME AFTER PROCEDURE**
8. You will need to stay overnight in Billings if you live more than one hour away.

Please do not hesitate to contact our office if you have any questions regarding this procedure.